

# Queer Connections Referral List

**f** Queer Connections

## CRISIS SUPPORT










Lifeline	<b>13 11 14</b>	<b><a href="http://lifeline.org.au">lifeline.org.au</a></b> 24hr crisis line. Online support 7pm-4am 7 days
SA Mental Health Triage	<b>13 14 65</b>	24hr Mental health emergency support and referral
Qlife	<b>1800 184 527</b>	<b><a href="http://qlife.org.au">qlife.org.au</a></b> Queer peer phone and online counseling 3pm-11pm 7 days
Kids Help Line	<b>1800 55 1800</b>	<b><a href="http://kidshelpline.com.au">kidshelpline.com.au</a></b> 24hr phone and online counseling for children and anyone 5-25yrs
Suicide Call Back Service	<b>1300 659 467</b>	<b><a href="http://suicidecallbackservice.org.au">suicidecallbackservice.org.au</a></b> 24hr phone and online counseling for anyone over 15yrs
eHeadspace	<b>1800 650 890</b>	<b><a href="http://eheadspace.org.au">eheadspace.org.au</a></b> Phone and online support and referral for anyone 12-25yrs
Rape/sexual assault line	<b>1800 817 421</b>	Medical, counseling and crisis support for sexual assault
1800RESPECT	<b>1800 737 732</b>	<b><a href="http://1800respect.org.au">1800respect.org.au</a></b> 24hr phone and online domestic violence and sexual assault counseling
Beyond Blue	<b>1300 22 4636</b>	<b><a href="http://beyondblue.org.au">beyondblue.org.au</a></b> 24hr phone support. Online support 2.30pm-11.30pm 7 days. Find a professional.
Youth Homelessness Gateway	<b>1300 306 046</b>	<b><a href="http://Hypa.net.au">Hypa.net.au</a></b> Youth gateway 9am-5pm 5 days (after hours redirected to the homelessness gateway).
Crisis Care	<b>13 16 11</b>	DCSI after hours crisis care (homelessness, domestic violence) counseling

## NON-CRISIS SUPPORT

MIFSA	<b>1800 985 944</b>	<b><a href="http://mifsa.org">mifsa.org</a></b> Information and referral 9am-5pm 5 days, one-to-one support, carer support, activity program and free counseling for anyone over 18
RAD Australia	<b><a href="http://radaustralia.org.au">radaustralia.org.au</a></b>	<a href="http://radaustralia.org.au">radaustralia.org.au</a> Information and referral for LGBTIQ young people
SA Trans Health Practitioners List	<b><a href="http://transhealthsa.com">transhealthsa.com</a></b>	A list of health care providers that have been deemed trans friendly from community feedback
SHineSA	<b>1300 794 584</b>	<b><a href="http://shinesa.org.au">shinesa.org.au</a></b> Sexual health services and counseling (free for anyone under 25)
Safe Schools Coalition	<b>8300 5328</b>	<b><a href="http://safeschoolscoalition.org.au">safeschoolscoalition.org.au</a></b> Resources, consultation and training for schools around supporting LGBTIQ students
SAMESH	<b>7099 5300</b>	<b><a href="http://samesh.org.au">samesh.org.au</a></b> Free counseling for people with HIV and rapid HIV testing
Clinic 275	<b>8222 5075</b>	Walk in clinic, STI and HIV testing
Bfriend	<b>8202 5190</b>	One to one peer support and support groups for people just out/ coming out/wanting to come out/ or family members

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Trans Wellbeing Service	<b>7099 5300</b>	1 to 1 peer support for trans people family of trans people over 18, counseling, clinical psychology.
Relationships Australia	<b>1300 364 277</b>	Counseling (sliding scale) Support for same sex attracted culturally and linguistically diverse men ( <a href="mailto:b.yi@rasa.org.au">b.yi@rasa.org.au</a> )
SANE Helpline	<b>1800 18 7263</b>	Information and referral 9am-5pm 5 days
Minus18	<b><a href="http://minus18.org.au">minus18.org.au</a></b>	Youth-run LGBTIQ organization. Resources and events including the Adelaide Same Sex Gender Diverse Formal.
Touchbase	<b><a href="http://touchbase.org.au">touchbase.org.au</a></b>	Online information and support about alcohol and other drugs, mental and sexual health for LGBTIQ people
FTM Australia	<b><a href="http://ftmaustralia.org">ftmaustralia.org</a></b>	Online information and support for trans men
Southern Queer Youth Drop-In	<b><a href="mailto:queerconnections@mifsa.org">queerconnections@mifsa.org</a></b> 	Social recreational Drop-In for GSD youth 15-25 5pm-8pm every 1 <sup>st</sup> and 3 <sup>rd</sup> Thursday of the month
Feast Queer Youth Drop-In	<b><a href="mailto:ypo@feast.org.au">ypo@feast.org.au</a></b> 	Social recreational Drop-In for GSD youth 15-25 6pm-9pm every 2 <sup>nd</sup> and 4 <sup>th</sup> Thursday of the month
Adelaide LGBT Events	<b><a href="mailto:adelaidecalendar@live.com.au">adelaidecalendar@live.com.au</a></b>	Information about LGBT community events and groups <a href="http://adelaidelgbtevents.webs.com/">http://adelaidelgbtevents.webs.com/</a>
GDAY Foundation	<b><a href="http://gdayfoundation.org.au">gdayfoundation.org.au</a></b>	Support for families of trans and gender diverse children and young people
Adelaide Queer Gamers	<b><a href="mailto:queergamers.contact@gmail.com">queergamers.contact@gmail.com</a></b> 	Weekly board game group for (Culturally and Linguistically Diverse) queer people 20-30. Saturdays 2.30pm-6.30pm in the CBD
FTMenSA	<b><a href="mailto:ftmen-sa@hotmail.com">ftmen-sa@hotmail.com</a></b> 	Support group for Trans men and Transmasculine people in the CBD
Pride of the South	<b><a href="mailto:prideofthesouth15@gmail.com">prideofthesouth15@gmail.com</a></b> 	LGBTIQ community group for families and people of all ages (South)
Moolagoo Mob & Blak Lemons	<b><a href="mailto:info@moolagoomob.com">info@moolagoomob.com</a></b> 	Social and support network for Aboriginal and Torres Strait Islander people who identify as gay, lesbian, sistergirl, or brotherboy
Transclusive	<b><a href="mailto:transclusive@gmail.com">transclusive@gmail.com</a></b> 	Community support group for trans and non-binary youth 15-25
Murray Bridge QYouth		Support group for LGBTIQ youth (contact Murray Bridge Headspace)
Gender Dive	<b><a href="mailto:tcook@northernhealth.net">tcook@northernhealth.net</a></b>	Support group for SSA, queer, trans and questioning youth 12-25 in the north
Southern Fleurieu Q+	<b><a href="mailto:ludcounselling@gmail.com">ludcounselling@gmail.com</a></b> 	Social support group for GSD youth (Fleurieu Peninsula)
UQT	<b><a href="mailto:mdelange@ahc.sa.gov.au">mdelange@ahc.sa.gov.au</a></b>	Social support group for GSD youth (Adelaide Hills)
Mount Gambier LGBTIQ+ Youth Group	<b><a href="mailto:ImogenM@unitingcommunities.org">ImogenM@unitingcommunities.org</a></b>	Support group for GSD youth 12-25. 1 <sup>st</sup> and 3 <sup>rd</sup> Thursday of the month